

# What are the consequences of influenza for people at risk?

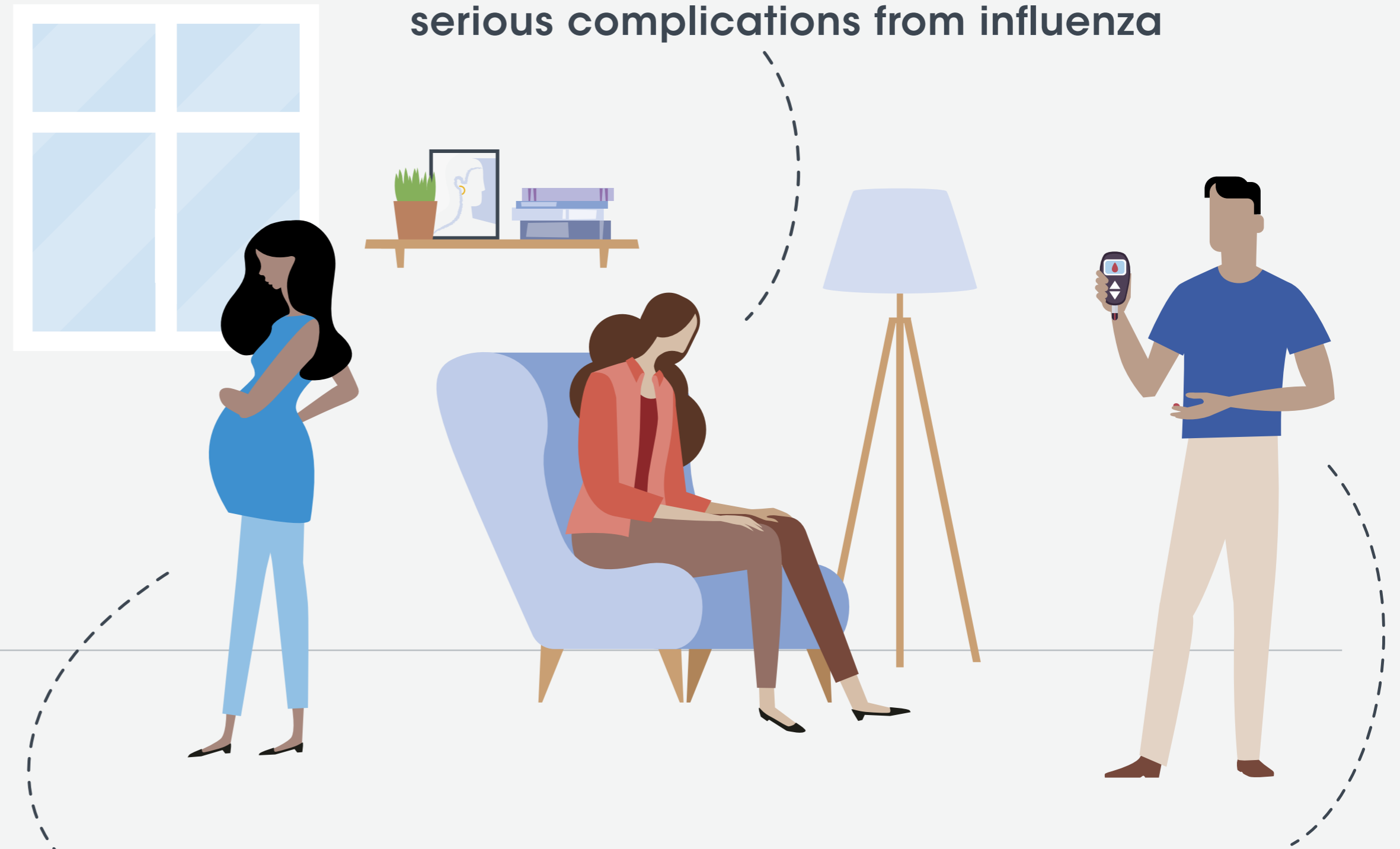
## IN CHILDREN UNDER 5

Influenza can cause ear infections and pneumonia



## PEOPLE WHO HAVE HAD A STROKE

are at high risk for developing serious complications from influenza



## IN PEOPLE OVER 65

Influenza increases the risk of a heart attack by a factor of 6 during the week after being diagnosed with influenza

## IN PREGNANT WOMEN

Influenza can cause serious illness because of changes in vital organs<sup>1</sup>

## PEOPLE LIVING WITH DIABETES

as diabetes increases the risk of influenza-related complications<sup>2</sup>

1. CDC (2018). Pregnant Women & Influenza (Flu) Available at: <https://www.cdc.gov/flu/protect/vaccine/pregnant.htm> Last accessed April 2019

2. Diabetes Community (2018). Flu and Diabetes. Available at: <https://www.diabetes.co.uk/flu-and-diabetes.html> Last accessed April 2019