

What are the consequences of influenza for people at risk?

IN CHILDREN UNDER 5

Influenza can cause ear infections and pneumonia¹



IN PEOPLE OVER 65

Influenza increases the risk of a heart attack by a factor of up to 10^3 during the week after being diagnosed with influenza

PEOPLE WHO HAVE HAD A STROKE

are at higher risk for developing serious complications from influenza²



IN PREGNANT WOMEN

Influenza can cause serious illness because of changes in vital organs⁴

PEOPLE LIVING WITH DIABETES

as diabetes increases the risk of influenza-related complications⁵

1. WHO - Fact-sheet Influenza (seasonal) [https://www.who.int/en/news-room/fact-sheets/detail/influenza-\(seasonal\)](https://www.who.int/en/news-room/fact-sheets/detail/influenza-(seasonal)) Last accessed February 2021
2. CDC (2021) - Flu & People with Heart Disease or History of Stroke <https://www.cdc.gov/flu/highrisk/heartdisease.htm> Last accessed February 2021
3. Warren-Gash C, et al. Eur Respir J. 2018;51(3):1701794
4. CDC (2018). Pregnant Women & Influenza (Flu) Available at: <https://www.cdc.gov/flu/protect/vaccine/pregnant.htm> Last accessed April 2019
5. Diabetes Community (2018). Flu and Diabetes. Available at: <https://www.diabetes.co.uk/flu-and-diabetes.html> Last accessed April 2019