



TOGETHER
AGAINST
RSV

Keep Little Lungs

Safe from RSV

(Respiratory Syncytial Virus)



What you need to know



RSV is a common respiratory virus which causes infections of the nose, throat, and lungs.^{1,2}



Most RSV infections are mild but can lead to **severe illness in infants** younger than 1 year of age which may require hospitalisation.²



9 out of 10 infants are infected with RSV within the first 2 years of their life.¹



Spot the Signs & Symptoms

RSV symptoms can be difficult to distinguish from other illnesses like the common cold, flu or COVID-19. Symptoms usually include:^{2,3}



Runny
nose



Coughing and
wheezing



Irritability



Loss of
appetite



Decreased
activity



RSV Transmission



RSV spreads through droplets when:⁴



An infected person **coughs or sneezes** around you



Direct skin-to-skin contact (e.g. kissing your child)



Touching a contaminated surface (e.g. doorknobs)

Prevent and Protect Against RSV

Help prevent the spread of RSV by:⁴

- Covering your coughs and sneezes
- Washing hands frequently
- Disinfecting frequently-touched surfaces
- Staying away from others when infected



Protect your child against RSV through immunisation^{1,5}

Speak to your doctor to learn how you can protect your child against RSV



References: **1.** Mortensen GL, et al. Expert Review of Vaccines 2022.. **2.** Centers for Disease Control and Prevention. About RSV. Available at <https://www.cdc.gov/rsv/about/index.html>. Accessed on 23 Jan 2025. **3.** Centers for Disease Control and Prevention. RSV in infants and young children. Available at <https://www.cdc.gov/rsv/infants-young-children/index.html>. Accessed on 23 Jan 2025. **4.** Centers for Disease Control and Prevention. How RSV spreads. Available at <https://www.cdc.gov/rsv/causes/index.html>. Accessed on 23 Jan 2025. **5.** Centers for Disease Control and Prevention. Immunizations to protect infants. Available at <https://www.cdc.gov/rsv/vaccines/protect-infants.html>. Accessed on 23 Jan 2025.

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