

# Hemophilia Life Stages and Changes Global Survey Fact Sheet

*A survey from Sanofi in partnership with The Harris Poll*



*More than 2,700 participants were surveyed across four continents and 11 countries, including 950 patients, 1,080 caregivers, and 679 hematologists.*

## TOP GLOBAL FINDINGS



**CURRENT HEALTH** - Conducting daily activities without discomfort or worry of a bleed and reducing impact on personal relationships are among patients' top goals for managing their hemophilia.



**IMPACTS TO LIFE STAGES** - The limitations for people living with hemophilia are pervasive throughout every stage of life – from sports and related activities in their youth to work, travel, and relationships as they age.

- Hematologists report that most/all of their pediatric patients reported avoiding participation in a school sport, and nearly half of their pediatric patients reported missing out on being able to participate in certain activities more than their peers because of their hemophilia.
- Patients report their hemophilia has negatively impacted various aspects of their lives a lot/a great deal, including their job/career, career aspirations, and romantic relationships.



**EMOTIONAL BURDEN** - Negative emotional impacts frequently accompany having hemophilia – high rates of anxiety, fear of bleeds, and depression are present in people living with hemophilia.



**COMMUNICATION GAPS** - Despite open communication, there are certain topics that are not as often discussed between patients and hematologists, including the emotional impacts of hemophilia and the availability of support groups.



**PATIENT AGENCY** - Patients want a more active role in their own treatment decision making, a sentiment shared by hematologists - hematologists want their patients to be more involved in the treatment decision making process.



**TREATMENT OPTIONS** - Patients want more and better treatment options, citing change in frequency of required treatment administration (for infusions and for injections) as a top improvement to make.



### LEARN MORE

To view full survey details, including methodology, audience demographics, global survey data, and more, [click here](#) or scan the QR code.

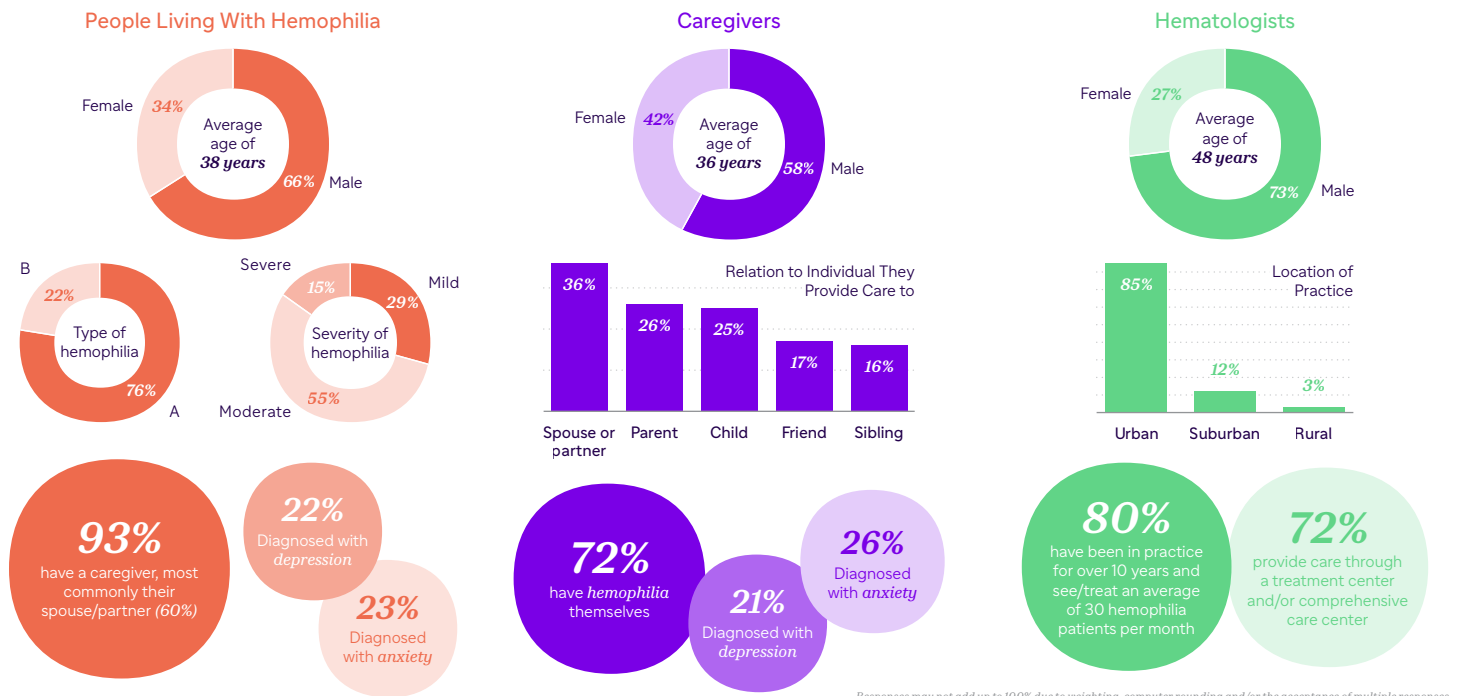
## About Hemophilia

Hemophilia is a rare, lifelong condition in which the ability of a person's blood to clot properly is impaired, leading to excessive bleeds and/or spontaneous bleeds into joints, muscles, and soft tissues that can result in joint damage, chronic pain, and potentially impact quality of life. Globally, over 1 million people are estimated to have hemophilia, and sustainable access to diagnosis and treatment remains a challenge.<sup>1</sup>

## About the Survey

Sanofi, in partnership with The Harris Poll, executed a first-of-its-kind global hemophilia survey — 'Hemophilia Life Stages and Changes Global Survey' — that delivers critical insights from patients, caregivers, and hematologists on challenges they face in their daily lives as they live or care for those with hemophilia across important life stages.

### SURVEY DEMOGRAPHICS



### SURVEY METHODOLOGY

February 27–April 10, 2023 • 15 minutes, completed online



**950**  
PATIENTS

People living with hemophilia 18 years of age or older

**1,080**  
CAREGIVERS

18 years of age or older who provide care or support to a friend/family member living with hemophilia

**679**  
HEMATOLOGISTS

Who see/treat at least 2 hemophilia patients each month



1. <https://wfh.org/>