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<p><b>Sponsor/company:</b> sanofi-aventis</p> <p><b>Generic drug name:</b> Valproate Acid/Valproate semisodium</p>	<p><b>ClinialTrials.gov Identifier:</b> NA</p> <p><b>Study Code:</b> L_8979</p> <p><b>Date:</b> 31/Aug/2007</p>
<p><b>Title of the study:</b></p>	<p><b>Randomized, Double-blind, parallel comparison efficacy and safety study of Depakine chrono tablet versus lithium salt in manic phase of bipolar disorder Chinese patients. L_8979</b></p>
<p><b>Investigator(s):</b></p>	<p>PI: Shu Liang Coordinating Investigators: The Sixty hospital of peking university: Prof. zhang Hongyan Beijing Anding hospital: Prof. Ma Xin Beijing huilongguan hospital: Prof. Zhang xinli Guangzhou psychiatry hospital: prof. Guo Yangbo Hunan xiangya hospital: Prof. Zhao Jingping The first hospital of huaxi university: Prof. Sun Xueli Nanjing psychiatry hospital: Prof. Fan Jianxiong Wuhan people hospital: Wang Gaohua The first hospital affiliated Kunming medical college: Prof. Xu Xiufeng The first hospital of Xi'an jiao tong university: Prof. Gao Chenge</p>
<p><b>Study center(s):</b></p>	<p>The Sixty hospital of peking university Beijing Anding hospital Beijing huilongguan hospital Guangzhou psychiatry hospital Hunan xiangya hospital The first hospital of huaxi university Nanjing psychiatry hospital Wuhan people hospital The first hospital affiliated Kunming medical college The first hospital of Xi'an jiao tong university</p>

<p><b>Publications (reference):</b></p>	<ol style="list-style-type: none"> <li>1) Sachs GS, Printz DJ, Kahn DA, Carpenter D, Docherty Jp. Medication Treatment of Bipolar Disorder 2000. A Postgraduate Medicine Special Report. The Expert Consensus Guideline Series, McGraw Hill, April 2000a (www.psychguides.com)</li> <li>2) Brambilla P, Barale F, Soares JC. Perspectives on the use of anticonvulsants in the treatment of bipolar disorder. <i>Int Neuropsychopharmacology</i> 2001;4:421-46.</li> <li>3) Bowden CL. New concepts in mood stabilization: evidence for the effectiveness of valproate and lamotrigine. <i>Neuropsychopharmacology</i> 1998;19(3):194-99.</li> <li>4) Prien RF, Himmelhoch JM, Kupfer DJ. Treatment of mixed mania <i>Affect Disord</i> 1988;15:9-15.</li> <li>5) Bowden CL. Predictors of response to divalproex and lithium. <i>J CL Psychiatry</i> 1995;56(suppl 3):25-30.</li> <li>6) Swann AC, Bowden CL, Calabrese JR. Differential effect of the number of previous episodes of affective disorder on response to lithium or divalproex in acute mania. <i>Am J Psychiatry</i> 1999;153(5):674-76.</li> <li>7) Puzynski S, Klosiewicz L. Valproic acid amide in the treatment of affective and schizoaffective disorders. <i>J Affect Disord</i> 1984;6:115-21.</li> <li>8) Davis LL, Ryan W, Adinoff B, Petty F. Comprehensive review of the psychiatric uses of valproate. <i>J Clin Psychopharmacol</i> 2001; 20(Suppl 1):1S-17S.</li> <li>9) Licht RW. Drug treatment of mania: a critical review. <i>Acta Psychiatry Scand</i> 1998;97:387-97.</li> <li>10) Calabrese JR, Delucchi GA. Spectrum of efficacy of valproate in 55 patients with rapid-cycling bipolar disorder. <i>Am J Psychiatry</i> 1990;147(4):431-34.</li> <li>11) Calabrese JR, Rappaport DJ, Kimmel SE, Reece B, Woychville M. Rapid cycling bipolar disorder and its treatment with valproate. <i>Can Psychiatry</i> 1993;38(Suppl 2):S57-S61.</li> <li>12) Muller-Oerlinghausen B, Retzow A, Henn FA, Giedke H, Walden for the European Valproate Mania Study Group. Valproate as adjunct to neuroleptic medication for the treatment of acute episode of mania: a prospective, randomized, double-blind, placebo-controlled multicenter study. <i>J Clin Psychopharmacology</i> 2000;20(2):195-203.</li> <li>13) Pope HG, McElroy SL, Keck PE, Hudson JI. Valproate in the treatment of acute mania. <i>Arch Gen Psychiatry</i> 1991;48:62-68.</li> <li>14) Bowden CL, Brugger AM, Swann AC et al., Efficacy of divalproe vs. lithium and placebo in the treatment of mania. <i>JAMA</i> 1994;271:918-24.</li> <li>15) Freeman TW, Clothier JL, Pazzaglia P, Lesem MD, Swann MD. Double-blind comparison of valproate and lithium in the treatment of acute mania. <i>Am J Psychiatry</i> 1992;149:108-11.</li> <li>16) McElroy SL, Keck PE, Pope HG, Hudson JI, Morris D. Correlates of antimanic response to valproate. <i>Psychopharmacol Bull</i> 1991;27(2):127-33.</li> <li>17) Bowden CL, Janicak PG, Orsulak P et al. Relation of serum valproam concentration to response in mania. <i>Am J Psychiatry</i> 1995; 153( 6) : 765-70.</li> <li>18) Bowden CL, Calabrese JR, McElroy SL, Gyulai L, Wassef A, Petty P et al. A randomized, placebo-controlled 12-month trial of divalproe and lithium in treatment of outpatients with bipolar I disorder. <i>Arch Gen Psychiatry</i> 2000;57:481-89.</li> <li>19) Guscott R. Clinical experience with valproic acid in 22 patients with refractory bipolar mood disorder. <i>Can J Psychiatry</i> 1992;37(8):590.</li> </ol>
<p><b>Study period:</b></p> <p>Date first patient/subject enrolled: 10-02-2004      Date of first signed informed consent</p> <p>Date last patient/subject completed: 31-05-2005      Date of last patient last visit</p>	<p><b>Phase of development:</b></p> <p>Phase II</p>
<p><b>Objectives:</b></p>	<p>To assess the efficacy and safety of Depakine Chrono tablet versus Lithium salt in manic phase of bipolar disorder Chinese patients.</p>

<b>Methodology:</b>	<p>This is a randomized, double-blind, active drug parallel comparison and multi-centers clinical study. The patients were divided into the Depakine and the Lithium Carbonate treatment group. The administration dose is 1000-2000mg/d and 1000-2000mg/d respectively in Depakine and Lithium Carbonate group. Patients all accepted 4 weeks treatment period, and the curative effect and safety analysis were performed at the end of the 1<sup>st</sup> week, 2<sup>nd</sup> week, 3<sup>rd</sup> week and 4<sup>th</sup> week.</p> <p>The evaluable index of curative effect included the YMRS? BPRS? HAMD GAS and CGI score in the various visit time. The safety analysis was performed in the FAS population, including all AE of various visit time, physical exam, vital sign, clinical lab exam and ECG in baseline and at the end of the trial.</p>		
<b>Number of patients/subjects:</b>	Planned: 240	Randomized: 157	Treated: 156
<b>Evaluated:</b>	Efficacy/Pharmacodynamics: 122	Safety: 156	
<b>Diagnosis and criteria for inclusion:</b>	<ol style="list-style-type: none"> <li>1. Signed informed consent;</li> <li>2. Aged 18-65 years old;</li> <li>3. According with DSM-IV manic phase of bipolar disorder criteria ;</li> <li>4. YMRS=20 at screening and baseline time;</li> <li>5. The time which psychiatric drug cleaning needed to achieve the re-question ;</li> <li>6. Subjects considered by the investigator to be likely to comply with the protocol;</li> <li>7. Menopause female patients; women who are fertile must use a medically acceptable contraceptive and Pregnancy test must be negative;</li> <li>8. Normal Renal and Liver function; the other test = 1.5 times upper limit of the normal range.</li> </ol>		
<b>Investigational product:</b>	<p>Depakine Chrono</p> <p>Dose: 500mg/ tablet</p> <p>Administration: D1: oral 500mg/d, D3: oral 1000mg/d , D7: oral 1500-2000mg/d.</p>		
<b>Duration of treatment:</b>	All patients accepted 4 weeks treatment period		<b>Duration of observation:</b> 4 weeks
<b>Reference therapy:</b>	<p>Lithium Carbonate tablet</p> <p>Dose: 250mg/tablet</p> <p>Administration: D1: oral 500mg/d , D3: oral =1000mg/d , D7: oral =2000mg/d.</p>		
<b>Criteria for evaluation:</b>			
Efficacy:	<p><b>Primary:</b> The YMDS score change from the baseline, the efficacy rate (50%), the 30%, 50% and 80% improvement of YMRS score at endpoint was used to be the primary evaluation criterion,</p> <p><b>Secondary:</b> BPRS, HAMD, CGI and GAS were used to be the secondary evaluation criterion.</p>		

Safety:	AE and SAE report in the treatment period.
<b>Statistical methods:</b>	<p>The primary efficacy analysis data was FAS, and also analyzed the PPS population meanwhile. The primary and secondary efficacy data scarcities were deal with by LOCF method. The primary efficacy analysis was the comparison of YMRS score by ANCOVA in considering the centers, groups and their interactions, and performed the No infection test in the primary efficacy points of the two groups.</p> <p>The safety analysis was performed in the FAS population, including all AE, physical exam, vital sign, ECG, clinical lab exam and etc. The lab results adopted by two-side ANOVA test in considering the centers, groups and their interaction to compare the original points in follow-up visits and the variety of pre-treat and post-treat, adopted two-paired t'test to compare the difference of endpoint and baseline in their own group.</p>
<b>Summary:</b>	
Efficacy results:	<p>The clinical results confirmed that Depakine ( 1000- 2000 mg/day ) of 4 weeks therapy was efficacious in treatment the manic phase of bipolar disorder patients. The primary efficacy analysis-YMRS score reduced to 19.94 and 20.34 respectively in Depakine and Lithium Carbonate group by analysing the FAS, and no significant statistical differences were observed. The 30% decreasing of YMRS score was 81.82% and 78.48% in Depakine and Lithium Carbonate group respectively, no significant difference were shown in the two groups. The secondary efficiency analysis further supported the aforesaid conclusions.</p>
Safety results:	<p>Depakine ( 1000- 2000 mg/day ) is safe and tolerable well in treatment manic acute episode of bipolar disorder patients. The relative drug AE were 29 times (21.79%) and 23 times (22.78%) respectively in 156 subjects of this study, eight subjects withdraw due to AE (Depakine: 2 times; Lithium Carbonate: 6 times), one SAE happened in Lithium Carbonate treatment group, and no significance difference were observed in the two groups. The more common AEs are gastrointestinal and central nervous system events, most AEs were mild and transient. The common AE was vomiting (6.41%) and nausea (5.13%) in Depakine group.</p>
<b>Date of report:</b>	28-10-2005